Narrative report for the contribution Real Gift 2020 August / October Real Gift: stress-relief training, stress-relief activities, workshop materials, stress-relief supplies for children activities and multipurpose vouchers distribution 2020

## 1. Summary

Activity 1.1: distribution of multipurpose vouchers: between the 21 and 30 of September 2020 a total of 264 food vouchers has been distributed to families of distribution of SEED beneficiaries that has been part of our activates or/and are still joining several activities such as legal assistant, education activities and psychosocial activates or they will be part of our art therapy activities. Beneficiaries are coming from Mina areas, Abou Samra and Nejmeh areas which is surrounding our activity areas. During our economic crisis plus Covid impact, many have lost their jobs, and majority are working 50% in maximum also the value of their salaries have dropped at least 3 times to 5 times which caused huge pressure on families specially the one that are already vulnerable. 82 of beneficiaries receiving the vouchers were females—and 18 are male. The average age of beneficiaries were 38. We believe this activity have had good impact on our beneficiaries supporting them in the hard period and given them a small push in order to receive essential food supplies. I believe such activities need to be duplicated as much as possible.

Activity 1.2: Paper Crafts Training: between 19ths and 27<sup>th</sup> of September on a period of four days, an art crafts training have taken place at SEED office. A total of 13 dedicated SEED Staff and mostly teacher have attended the training (2 male 11 females) plus the trainer. The training was distributed on four days, two days a week chosen to be weekends. The attendance have reached 90% as activity days and location was convenient for everyone. Several activities were carried out also some homework and group work preparation have been asked. The trainer have used activities that fits children between age 3 to 6 as first categories and children aged 7 to 13 as second categories. The teachers have very much enjoyed the training and have shown great potential to use the learning materials at their classrooms.

Activity 1.3: workshop materials supplies on the 15<sup>th</sup> of September the trainer have prepared a list of materials to be purchased as essential to do the training. The list have included scissors, colour papers, mousse papers, glue, and gouache and paper plates.

## 1.4: activity supplies

A total of 150 children have joined the summer cam art therapy activity therefore we have purchased supplies for all children that have included: gouache, glue, a4 papers, paper plates, colour papers, safety scissors, scotch papers for all activities that have been carried out.

As for the activity in average of 8 sessions have been carried out upon children avaiabltiy as some schools have already started, 8 groups of children aged 4 to 6 years old and 2 groups of children 7 to 12 years old have joined the activities with 56 of them are female and 44 are male coming from surrounding areas form babAl Ramel, njemeh, Tal bahasas and abou samra. The activity was done through the month of October and by days in which teachers who have taken the craft training have been able to join on their free time as well as children. The children have pretty much enjoyed the

training and was able to produce many crafts and art work in which was also educational just like crafting letter using cartoon and different things.

As most of our activities are being done remotely, this activity was very much needed in order to prepare students to re-join schools normally and also to take out all the stress from being at home all the time.

## 2. Publicity content

Some Quotes taken from Children:

"this was really Fun"

"can I bring my sister she would love it "

"can I take this home to show it to my mother"

"we love to come to seed to do those shapes"

"When can we come again"

All photos taken are on dropbox link bellow including all project file and reports.

## 3. Difficulties and feedback and lessons learnt

The most difficult part of the training is that this is the first one done in person after the lockdown which was little bit hard to manage in order to keep social distancing, make sure the environment is safe.

Also for small children that do not commit to wear masks it was also not easy as this is craft and art work that requires using their hands most of time in a group.

Also some parents did not want to join the activities for Covid and for transportation issues.

as for the distribution I believe it went smoothly and even through the distribution have covered more than 260 families but was not able to cover all SEED beneficiaries that are now little over than 600 families benefitting from our different services on a regular scale.

Also some women had no possibility to purchase her own goods, one of our volunteers had to help her do it. Most of the feedback was positive concerning the training, children workshop and the distribution. We wish we duplicate it again!